



Bellevue Church Newsletter

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Getting to Know You: Isabel Knudson

By Isabel Knudson



My name is Isabel Mabuti Knudson. The first sibling of six children, I was born in Lusaka, in a beautiful country called Zambia.

When I was growing up, my dad's job demanded a lot of traveling, and most times it involved us moving with him. So I didn't grow up in just Lusaka but in different cities like Kabwe, Ndola, Chingola, Mongu, Chipata and finally back in Lusaka where both my parents retired. And after mom retired she traveled to the USA and brought in the rest of the family, except for my immediate younger sister Maureen who is a chef, and the only one still living in Zambia with her family, and my only brother who is an accountant living with his family in South Africa. So there are four of us in America.

My grandpa on my dad's side of the family was a Pastor in the SDA church and my grandpa on my mom's side of the family was an SDA Elder. So I've been an Adventist from birth. I graduated high school from Rusangu Seventh-day Adventist church school in Monze, and went to college in South Africa for my Diploma in Business Computing. Then I went back to Lusaka and went to college for a Certificate in designing, cutting and tailoring. In the USA I studied pre-nursing at Lake Michigan College, and Southwestern Michigan College for my CNA.

For my first job, I worked as an accounts clerk at Dema Investments Ltd for my uncle Professor Muna Ndulo who was and still is, based here and still works for the United Nations. I worked several other jobs in different cities, including a couple as a Credit Controller.

After I moved to America, I worked my first job as a caregiver/med tech of about 9 residents in Berrien Springs, Michigan at Old Farm Living Center owned by an Adventist RN and good friend. Later I worked for

Golden Homes (or the Willows) as a caregiver/med tech, then moved to Minnesota and worked for Brookdale Clare Bridge of Plymouth, where I was promoted to lead resident and worked as a med tech too. After 5 years I transferred to a sister company known as Brookdale Edina Park Plaza as a caregiver/med tech.

When my husband died, I moved to Kent in Washington State and worked for Farmington Court as a caregiver/med tech. And this was the end of me working for facilities, because I opted to work with clients one on one. So I applied to different caregiving agencies and worked for Fedelta Care Solutions in Seattle and Careforce in Lynnwood. I was sent to different homes, or facilities on a one to one basis of caregiving. And finally, I now work for McDonald's Employment Agency in Seattle, which is a placement agency and is also one to one client.

I've been attending the Bellevue church for nine years. I've been a junior class teacher, Elder, and also helped with music coordination for special music.

Back in Zambia, I've served as a church choir member in different cities of Adventist churches, Sabbath School Secretary, Beginners teacher, and conducted music as a teenager to a teenage choir group, as well as singing in duets, and my own family member's groups. I also participated in door to door evangelism with all the other youths of our church. I attended the Pathfinder club and travelled out camping.

Outside of church, I also serve the community. I remember last winter driving Connie, my daughter, to work. I saw a lot of people stuck at a bus stop, but because of snow, there were no buses coming. I made a U-turn and said, "I'm going to downtown Bellevue. Who's headed that way?" And within seconds my van was packed to capacity and off I went until we reached downtown and everyone was very happy and grateful.

Recently, a lady who was not sure about the surrounding area asked if I knew of an urgent care nearby and I told her where she could find one and went my way. Later I saw the same woman looking at her phone not sure which way she should be headed. So I made a U turn and called out to her although I didn't know her name. I said hop in, and I'll take you to where you need to be and did,



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then when I was done with what I was doing there, I found her walking back and called her to hop in for a ride back. I asked her if she was new and she said “yes, I’m three weeks old in America”. I was glad I could help her.

One day I met a homeless young woman in a Goodwill store with her belongings. She greeted me with “Hi! how are you, God is so good”. And I said, “You can say that again, sister!” And as I was walking away, a voice said “give her all the cash you have”, so I turned around and gave her that money, a \$20 bill and she was so very grateful and teared up. I said “Okay, Lord, my work is done here,” and left the shop, knowing that God took me there for this young woman.

When I’m off work, and doing my errands I always try to look out for those that may need help. I visit the sick, the bereaved, the lonely and see where they need assistance. Because we’re all our brother and sister’s keepers in God’s eyes.



PSAA Matching Fundraiser

By Kayla Mellon

We are so thankful that Puget Sound Adventist Academy has been able to open its doors safely during COVID this year and provide both in-person and virtual classes to our students.

However, with the uncertainties of this year and the additional costs to implement proper safety measures for the students and staff (such as limited class sizes, new safety equipments, and more monetary assistance for families in need) the school needs some help.

PSAA’s goal is to raise \$300,000 in order to make up for the operating budget shortfall for this year and the next. Thanks to the AMAZING generosity of two PSAA supporters, all donations will be matched dollar for dollar up to \$100,000!

As of now, PSAA has raised over \$253,000!! If you would like to help out in any way please visit their website at www.psaa.org/give.

